

Stacy A. Ogbeide, PsyD, MS, MSCP, CSOWM, ABPP

Licensed Psychologist (TX) #36820
National Register Health Service Psychologist #54441
Board Certified in Clinical Health Psychology #8635
Board Certified Specialist in Obesity and Weight Management (CSOWM)
www.stacyogbeide.com

Current Position

**Associate Professor/Clinical
Director of Behavioral Health Education
Integrated Primary Care Behavioral Health Track Coordinator, Psychology Residency
Family Medicine Residency, University of Texas Health Science Center San Antonio**
*Department of Family and Community Medicine
Department of Psychiatry, Division of Behavioral Medicine (Cross Appointment)*

San Antonio, TX
September 2019-present

- Duties:

- Director of Behavioral Health Education for the Family Medicine Residency: training and supervision of family medicine residents, pre-doctoral psychology interns, doctoral psychology externs, and masters-level clinical mental health counseling students in primary care
- Integrated Primary Care Behavioral Health Track Coordinator, Clinical Psychology Internship, Dept. of Psychiatry
- Integrated primary care behavioral health (PCBH) consultation services to a primary care population
- Scholarly inquiry and integration of science and practice
- Program development and evaluation for PCBH with the Family Medicine Residency
- Faculty facilitator for the Physician Wellness Program for the Family Medicine Residency

- Patient population: Adolescent, Adult, and Geriatric (65+) patients

Education and Training

Post-Doctoral Residency

Salud Family Health Centers (APPIC Member #9125)
*Longmont Clinic
Post-Doctoral Resident – Primary Care Psychology*

Longmont, CO
August 2013 – May 2014

- Duties:

- Psychological assessment and intervention services to a primary care population;
- Ethical, competent supervision of practicum students
- Sophistication in understanding of diversity issues in the context of clinical practice and professional development
- Understanding of the interaction of psychology and the healthcare system
- Scholarly inquiry and integration of science and practice

- Patient population: Adolescent, adult and geriatric (65+) patients
- *Licensed Supervisors: Katrin Seifert, PsyD and Jonathan Muther, PhD*

Pre-Doctoral Internship

Mercy Health Systems (APPIC Member #2162)
*The Marian Center
Predoctoral Intern*

Springfield, MO
August 2012 – August 2013

- Duties: Inpatient individual and group therapy, assessment/testing, multidisciplinary treatment team meetings, pain management, neuropsychological testing
- Patient population: Adults and geriatric (65+) patients
- *Licensed Supervisor: Charles Coller, EdD*

Education

Fairleigh Dickinson University (APA designated postdoctoral program in psychopharmacology) **Teanack, NJ**
Postdoctoral Masters of Science (MS) 2017-2020
Concentration: Clinical Psychopharmacology
GPA: 3.7/4.0

The School of Professional Psychology at Forest Institute (APA Accredited) **Springfield, MO**
Doctor of Psychology - Clinical Psychology 2008-2013
Concentrations: Primary Care Psychology and Pain Management
GPA: 3.9/4.0

Doctoral Dissertation (9/08-10/11): The primary focus of the research study was to examine whether objective socioeconomic status or subjective socioeconomic status will be related to sleep status in a sample of primary care patients. Other variables that were examined include: subjective stress levels, physical activity levels, blood pressure, and BMI.
Dissertation Chair: Christopher A. Neumann, PhD

University of Central Oklahoma **Edmond, OK**
Master of Science – Wellness Management: Health Studies May 2008
GPA: 3.9/4.0

Master's Thesis (1/07-5/08): "The Relationship between BMI and Subjective Well-Being in Females During Early Young Adulthood;" Edmond, OK. The primary focus of the research study was to determine which BMI levels have a negative impact on quality of life and how an intervention in young adulthood could prohibit the chance of developing an obesity-related disease during middle and late adulthood.
Thesis Chair: C. Diane Rudebock, RN, EdD.

Wittenberg University **Springfield, OH**
Bachelor of Arts May 2006
Major: Spanish Literature
Minors: Psychology and Biology

Publications

Trepal, H., Lloyd-Hazlett, J., **Ogbeide, S.**, Anderson, A., & Cruz, T. (*in progress, data analysis*). Supervisors' experiences with counselor trainees in primary care behavioral health.

Strano-Burton, R., Knight, C., Trepal, H., Lloyd-Hazlett, J., & **Ogbeide, S.** (*under review*). Integrating primary care behavioral healthcare in counselor training: A focus group study.

Houston, B., & **Ogbeide, S.** (*under review*). Moral drifting and COVID-19 Precautions: The impact on team stress levels in primary care.

Young, A., & **Ogbeide, S.** (*under review*). When do I refer out? Shared Decision Making in the Primary Care Behavioral Health model for higher levels of care.

Datta, P. & **Ogbeide, S.** (2021, April 23). Working therapeutically with patients with kidney disease. *Journal of Health Service Psychology*. <https://doi.org/10.1007/s42843-021-00036-3>

Ogbeide, S. (2020, November). "A Mindful Heart:" Stress management tools for patients living with Heart Disease and Chronic Kidney Disease. *The Kidney Citizen*, 12, 8-9. <https://www.dpcedcenter.org/wp-content/uploads/2020/11/issue-12-nov-2020.pdf>

Ogbeide, S. (2020, November). Social capital and mentorship: Tools from the precipice for early career professionals. *The Health Psychologist*, <https://div38healthpsychologist.com/2020/11/20/social-capital-and-mentorship-tools-from-the-precipice-for-early-career-professionals/>

Ogbeide, S., Young, A., Houston, B., & Knight, C. (2020). Treating Post-traumatic Stress Disorder with a Prolonged Exposure protocol within Primary Care Behavioral Health: A case example. *Journal of Clinical Psychology in Medical Settings*. doi: <https://doi.org/10.1007/s10880-020-09747-z>

Lloyd-Hazlett, J., Knight, C., **Ogbeide, S.**, Trepal, H., & Blessing, N. (2020). Strengthening the Behavioral Health Workforce: Spotlight on PITCH. *The Professional Counselor*, 10(3), 306-317. doi: 10.15241/jlh.10.3.306

Kanzler, K. E., & **Ogbeide, S.** (2020). Addressing trauma and stress in the COVID-19 pandemic: Challenges and the promise of integrated primary care. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <http://dx.doi.org/10.1037/tra0000761>

Zubatsky M., Williams-Reade J., Bayona J., Mendenhall T.J., **Ogbeide S.**, Wong A.G. (2020). Professional Perspectives of the 'Self' in Their Journey Through Medicine. In: Zubatsky M., Williams-Reade J. (eds). *Self of the Therapist in Medical Settings*. AFTA SpringerBriefs in Family Therapy. Springer, Cham. doi: https://doi.org/10.1007/978-3-030-39271-0_7

Pederson, C. L., & **Ogbeide, S. A.** (2019) Diagnosing and Caring for Patients with Postural Orthostatic Tachycardia Syndrome in Primary Care. *Journal of Health Science Education*, 3(4), 1-4. doi: 10.0000/JHSE.1000167

Datta, P., & **Ogbeide, S. A.** (2019). Managing chronic kidney disease: Considerations for behavioral health intervention in primary care. *Practice Innovations*. Advance online publication. <http://dx.doi.org/10.1037/pri0000101>

Buck, K., Williamson, M., **Ogbeide, S.** & Norberg, B. (2019, July 2). Family Physician Burnout and Resilience: A Cross-Sectional Analysis. *Family Medicine*, Online First, doi: 10.22454/FamMed.2019.424025

Ogbeide, S. (2018, December). One Size Doesn't Fit All: Applying Flexibility to the Primary Care Behavioral Health Model with Transient Populations. *Harvard Public Health Review*, 20, 1-5. Link: <http://harvardpublichealthreview.org/drstacyo/>

Turner, B., & **Ogbeide, S.** (2018, November). Self-Management for Chronic Pain in Primary Care: A Multimodal approach may meet a multitude of needs. *Practical Pain Management*, 18(9), 45-50.

Darnall, B, et al. (**Ogbeide, S.**; 2018, November). International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering. *Pain Medicine*, pny228, <https://doi.org/10.1093/pm/pny228>

Ogbeide, S. A., Landoll, R. R., Nielsen, M. K., & Kanzler, K. E. (2018, October 11). To go or not go: Patient preference in seeking specialty mental health versus behavioral consultation within the Primary Care Behavioral Health Consultation Model. *Families, Systems, & Health*. Advance online publication. <http://dx.doi.org/10.1037/fsh0000374>

Ogbeide, S. (2018, July 19). An exploratory pilot of "A Mindful Heart": A group-based approach for stress management in primary care. *Practice Innovations*. Advance online publication. <http://dx.doi.org/10.1037/pri0000072>

Bauman, D., Beachy, B, & **Ogbeide, S. A.** (2018). Stepped care and behavioral approaches for diabetes management in integrated primary care. In W. O'Donahue & A. Maragakis (Eds), *Principle-based stepped care and brief psychotherapy for integrated care settings*. New York, NY: Springer Science, Business Media, LLC. https://link.springer.com/chapter/10.1007/978-3-319-70539-2_15

Ogbeide, S. A. (2017). Review of Integrated behavioral health in primary care: Step-by-step guidance for assessment and intervention (Second edition). [Review of the book *Integrated behavioral health in primary care: Step-by-step guidance for assessment and intervention (Second edition)*. C. L. Hunter, J. L. Goodie, M. S. Oordt & A. C. Dobmeyer]. *Families, Systems, & Health*, 35(3), 391. <http://dx.doi.org/10.1037/fsh0000275>

Runyan, C., Carter-Henry, S., & **Ogbeide, S. A.** (2017). Ethical challenges unique to the Primary Care Behavioral Health (PCBH) Model. *Journal of Clinical Psychology in Medical Settings*. Advance online publication. doi:10.1007/s10880-017-9502-2.

Stermensky G, & **Ogbeide, S.** (2017) Rural provider attitudes toward the use of social media for patient engagement and retention: A brief report. *International Journal of Complementary and Alternative Medicine*, 6(6). doi: 10.15406/ijcam.2017.06.00207

Ogbeide, S. (2017, Jan/Feb.). Integrated care offers opportunities for ECPs. *The National Psychologist*, 26(1).

Ogbeide, S., Stermensky, G., II, & Rolin, S. (2016, May 16). Integrated Primary Care Behavioral Health for the Rural Older Adult. *Practice Innovations*. Advance online publication. <http://dx.doi.org/10.1037/pri0000022>

Ogbeide, S. A., & Fitch-Martin, A. (2016). Cancer pain management: Implications for Psychologists. *Psychology, Community, & Health*, 5 (1), 61-79. doi: <http://dx.doi.org/10.5964/pch.v5i1.144>

Ogbeide, S. A., & Neumann, C. A. (2015). Sleep and the social matrix: Determinants of health status beyond objective social status. *Psychology, Community, & Health*, 4(1), 39-52. doi:10.5964/pch.v4i1.107

Ogbeide, S. A. (2014, Spring). Social isolation and incontinence: The impact of problem-solving therapy on activity levels in older adults. *The New Journal of Geriatric Care Management*.

Ogbeide, S. A., Bauman, D., Beachy, B., Neuhaus, C., & Leftwich, M. (2013). The non-physician clinician experience: Attitudes towards communication and collaborative care. *Psi Chi Journal of Psychological Research*, 18(1), 20-26.

Ogbeide, S. A. (2011). Motivational interviewing with older adults: Enhancing health behavior change. *Psychotherapy Bulletin*, 46(3), 37-40.

Ogbeide, S. A., & Neumann, C. A. (2011). Knowledge of late life depression and aging among a sample of primary care nonphysician clinicians. *American Journal of Psychological Research*, 7(1), 19-30.

Ogbeide, S. A., Neumann, C. A., Sandoval, B. E., & Rudebock, C. D. (2010). Gender differences between body weight and psychological well-being during young adulthood: A brief report. *New School Psychology Bulletin*, 8(1), 41-46.

Ogbeide, S. A., Sorocco, K. H., & Neumann, C. A. (2009). Experiential learning and aging attitudes: A pilot study. *Psychologists in Long Term Care Fall Newsletter*, 23(3), 5-6.

Ogbeide, S. A. (2009). Ethical issues in survey research. *Eye on Psi Chi*, 14(1), 30-33.

Faculty Development and Leadership Activities

Mentor, Mentoring Underrepresented Faculty for Academic Excellence, Society of Teachers of Family Medicine (STFM; 07/2020-present): The STFM Underrepresented in Medicine (URM) Initiative, supported by the STFM Foundation, is working to:

- Increase the percentage of URM family medicine faculty, and
- Increase the number of solutions-focused, adaptable URM leaders within and across our healthcare system

The goals of this program are to do the following:

Mentorship

- Create opportunities for developing meaningful relationships that lead to career advancement and leadership
- Develop mentors who have the skills to help URM students, residents, and faculty improve resiliency, satisfaction, and retention

Leadership

- Increase the percentage of URM family medicine faculty in leadership positions
- Raise awareness of the structural barriers to URM achievement

URM Faculty Pipeline

- Increase the percentage of URM family medicine faculty
- Increase the percentage of URM community preceptors who receive resources to improve their teaching skills

Scholarship

- Increase the percentage of URM faculty who have the skills to produce scholarly research

Small group Mentor, Behavioral Science/Family Systems Educator Fellowship, Society of Teachers of Family Medicine (03/2019-present): This competitive, yearlong fellowship is for family medicine faculty who have responsibility for coordinating or teaching the behavioral science/family systems curriculum. Preference is given to applicants with 1 to 5 years of experience as a faculty member. The Behavioral Science/Family Systems Educator Fellowship uses a structured learning curriculum of core content and formalized mentoring. The fellowship will help fellows:

-Better understand the medical culture

-Build a personalized professional development plan

-Integrate behavioral science and family systems core principles into the practice of family medicine

-Plan, create, and present a scholarly project at a national conference

-Grow professionally through strong mentoring relationships with seasoned behavioral science/family systems educators and physicians

Member, Board of Directors, Collaborative Family Healthcare Association (01/2019-present): Board Member for the Collaborative Family Healthcare Association (CFHA). Mission Statement: The Collaborative Family Healthcare Association promotes comprehensive and cost-effective models of healthcare delivery that integrate mind and body, individual and family, patients, providers and communities. CFHA achieves this mission through education, training, partnering, consultation, research and advocacy.

Fellow, Society of Behavioral Medicine (SBM) Mid-Career Leadership Institute (04/2021-04/2022): The purpose of the SBM Leadership Institute is to turn participant fellows into more effective leaders by fostering self-awareness and the development of leadership skills. At the conclusion of the year-long institute, fellow will assess and deepen their inherent leadership qualities; acquire skills such as managing collaborative teams, influencing, and mentoring; connect with other

mid-career professionals who share a desire to become highly effective leaders; and learn from and be mentored by leaders in the field of behavioral medicine.

Integrated Primary Care Advisory Group Member (1/2021-present): The Office of Health & Health Care Financing within the American Psychological Association (APA) Practice is establishing an Integrated Primary Care (IPC) Advisory Group. This new IPC Advisory Group will collaborate with APA staff to address issues related to integrated behavioral health in primary care. Topics may include primary care model articulation, payment structures, and new billing codes required (e.g., for consultation and other non-face-to-face services).

Advisory Steering Committee for the Development of Clinical Practice Guidelines, Advisory Group Member (1/2021-present): The scope of work of the Advisory Steering Committee includes: (1) design and assessment of the policies and procedures by which the American Psychological Association (APA) develops clinical practice guidelines; (2) selection of topics for development of clinical practice guidelines; (3) recommendations to the APA Board of Directors of individuals to serve on clinical practice guideline development panels; (4) formulation of policies for commissioning and utilizing independent systematic reviews of empirical research to inform the development of clinical practice guidelines; (5) planning of the structure and format of guideline documents and related products; (6) designing strategies for enhancing dissemination and implementation of clinical practice guidelines; (7) evaluation of the effectiveness and impacts of clinical practice guidelines; and (8) provision of progress reports to the Board of Directors and other APA governance groups.

Course Director (01/2018-present): Course Director for the continuing education course titled: *Brief Motivational Interviewing: Tools for Clinical Practice*; Center for Lifelong Learning, School of Nursing, UT Health San Antonio. Recipients: Nurses and Social Workers.

Conference Co-Chair (03/2016-10/2017): Conference Co-Chair for the 2017 Collaborative Family Healthcare Association Annual Conference (Houston, Texas).

Co-Chair (01/2016-1/2018): Co-Chair of the Primary Care Behavioral Health Special Interest Group of the Collaborative Family Healthcare Association.

Service/Scholarly Activities and Committee Assignments

Consultant and Trainer (01/2016-present): Primary trainer for Primary Care Behavioral Health Strategies, LLC; technical assistance for primary care behavioral health (PCBH) consultation model implementation and practice.

Advisor (06/14-present): Advisor for Mental Health America of Greater Houston's Integrated Health Care Initiative; Mission: Through a collective impact approach, we advance sustainable integrated health care. Our work includes training and technical assistance; communities of practice; and implementation of collaborative efforts with primary and behavioral health providers, health systems, payors, and institutions of higher education, such as medical schools. Current projects:
-Integrated Health Care ECHO – Lead Faculty
-Primary Care Behavioral Health Implementation Coaching (Pediatric primary care practices) – Lead Faculty

Advisory Council Member (4/2019-present): Advisory Council Member for the Dialysis Patient Citizens (DPC) Education Center. The mission of the DPC Education Center is to empower kidney disease patients through education, with continual collaboration from health professionals.

Member, UT Health SA Student Health and Wellness Committee (09/2018-08/2021): Member of the Student Health and Wellness Committee; serve in an advisory and consultative capacity to the President and Vice President for Academic, Faculty and Student Affairs. Serve to evaluate the health needs of the student body and to make recommendations on policies, procedures, and programs necessary to address student health needs.

American Board of Clinical Health Psychology (ABCHP) Board Member (10/2019-present): Early Career Board Member at large for the ABCHP.

American Board of Clinical Health Psychology (ABCHP) Oral Examiner (03/2019-present): Oral examiner for the board certification process for the ABCHP.

Member, UT Health SA Psychology Residency and Fellow Training Committee (07/2017-present): Member and Faculty Advisor/Preceptor for the Department of Psychiatry's Psychology Residency and Fellow Training Committee at UT Health SA.

Member, UT Health SA Wellness Committee (08/2016-present): Member of the Graduate Medical Education Wellness Committee at UT Health SA

Committee Member (11/2014-present): Subject Matter Expert for the Obesity and Weight Management Specialist Practice Analysis Advisory Committee. Commission on Dietetic Registration, Academy of Nutrition and Dietetics.

Committee Member (09/2015-present): Member of the Residency Research Network of Texas (RRNeT) - a practice-based research network focused on improving family physicians' interest and skills in research and to find answers to clinical questions that are relevant to family medicine patient populations in Texas.

Conference Committee Member (12/2018-present): Conference Steering Committee Member for the Society for Teachers of Family Medicine Conference on Practice and Quality Improvement.

Editorial Board Member (03/14-present): Peer reviewer on the editorial board for the American Psychological Association journal, *Translational Issues in Psychological Science*.

Editorial Board Member (03/14-present): Peer reviewer on the editorial board for the journal of the Society of Teachers of Family Medicine, *Family Medicine*.

Committee Member (01/2018-present): Committee member for the Crohn's & Colitis Foundation Chapter Medical Advisory Committee (CMAC) - Mission Committee. Committee members tasks include: actively advising Foundation staff on programs, guiding policy and actively participating in conference calls and in-person meetings.

Scholarly Project Advisory Committee Member (01/2020-12/2020): Scholarly Project Advisory Committee Member for Tammy Harris, PA-C, Assistant Professor, School of Health Professions, UT Health San Antonio; Program: Doctor of Medicine Science, University of Lynchburg

ReACH Center Scholar, UT Health SA (09/2019-08/2020): Research Scholar for the Center for Research to Advance Community Health (ReACH). The mission of the ReACH Center is to promote the health of South Texas residents, especially its majority Hispanic population, through comparative effectiveness research. ReACH brings together researchers from diverse disciplines and community partners to evaluate quality of care and implement culturally appropriate models of care that will result in optimal health outcomes.

Committee Member (01/2019-8/2019): Committee member for the Texas Academy of Family Physicians Behavioral Health Task Force. The goal of this task force is to create actionable steps that will assist primary care providers in integrating advanced behavioral health services into their clinics.

Committee Member (07/2018-12/2019): Member of Our Lady of the Lake University's Discipline Specific Advisory Board of the Doctor of Psychology (PsyD) Program (APA-accredited). In this role, I serve as a content expert, providing the PsyD program faculty with consultation on how well they are addressing Discipline Specific Knowledge and the 9 Profession Wide Competencies required by Commission on Accreditation of the American Psychological Association.

External Consultant (5/2016-12/2018): Project Title: Primary Care Behavioral Health Implementation. Description: The *Si Texas* is a project powered by the Corporation for National and Community Service's Social Innovation Fund (SIF) as a federal pass-through to Methodist Healthcare Ministries of South Texas (MHM), to support proven approaches to addressing critical social issues and help strengthen the channel of state and local governments and service providers to implement *Si Texas: Social Innovation for a Healthy South Texas*. The University of Texas Rio Grande Valley *Si Texas* Project will replicate the Primary Care Behavioral Health model championed by Drs. Kirk Strosahl and Patricia Robinson of Mountainview Consulting Group, at the two current Family Residency Programs associated with McAllen Medical Center and Doctor's Hospital at Renaissance. The purpose of the grant is three-fold: to provide a model for best practices; to increase access to care; and to, by implementing an integrated behavioral health model, prepare young physicians to think about the health care of tomorrow as an integrated, inter-professional endeavor.

Committee Member (11/2017-09/2018): Committee member for Bexar County (San Antonio, TX) Joint Opioid Task Force; Four key initiatives: 1) Increasing the use of overdose reversal drugs by first responders; 2) Improved provider training on evidence-based prescribing and dispensing of opioid-based pharmaceutical products; 3) Increasing access to and awareness of treatment options; and 4) Improving community education on the safe disposal of prescribed drugs and the effects of prescriptions opioids and heroin.

Conference Committee Member (01/2018-11/2018): Conference Committee Member for the 2018 Texas Psychological Association Annual Conference (Frisco, Texas).

Member at Large – Early Career Focus (01/2017-12/2017): Executive committee member for the Bexar County Psychological Association, San Antonio, Texas.

Editorial Board Member (11/10-10/13): Peer reviewer on the editorial board for the *Graduate Student Journal of Psychology* at Teachers College, Columbia University.

Society of Behavioral Medicine Integrated Primary Care Special Interest Group (01/13-12/15): Served as a newsletter liaison for the Integrated Primary Care Special Interest Group.

American Psychological Association Division 38 Health Research Council (10/11-7/15): Member for the APA Division 38 (Health Psychology) Health Research Council.

Editorial Board Member (01/12-12/15): Peer reviewer on the editorial board for the *Journal of Interprofessional Care*.

Master's Thesis Committee Member (08/13-5/14): Project Title: "Interventions of Acceptance and Commitment Therapy for Patients with Chronic Pain." Student: Sharline Shah; Institution: The School of Professional Psychology at Forest Institute.

Abstract Reviewer (03/14-5/14): Abstract reviewer for the 2014 Annual Meeting of the North American Primary Care Research Group.

ESPO Student Poster and Paper Award Chair (09/12): Student Poster and Paper Award Chairperson for the Emerging Scholars and Professionals Organization of the Gerontological Society of America.

Abstract Reviewer (06/12): Served as a peer reviewer for abstracts for the 2013 National Multicultural Conference and Summit.

Abstract Reviewer (01/12): Served as a peer reviewer for rapid communication abstracts for the 2012 Society of Behavioral Medicine Annual Convention.

Associate Editor (03/11-03/14): Reviewer for the Clinical Edition of the Psychologists in Long Term Care, Inc. Newsletter.

Ad-Hoc Editorial Board Member (08/10-12/13): Ad-Hoc peer reviewer on the editorial board for the *New School Psychology Bulletin*.

Abstract Reviewer (02/11): Served as a peer reviewer for workshop abstracts for the 2011 National Conference for College Women Student Leaders.

Abstract Reviewer (11/10-01/11): Served as a peer reviewer for rapid communication abstracts for the 2011 Society of Behavioral Medicine Annual Convention.

Gerontological Society of America, ESPO (01/10-08/10): Newsletter Task Force Team Member.

Editorial Board Member (08/09-08/10): Served as a peer reviewer on the editorial board for the *New School Psychology Bulletin*.

Abstract Reviewer (05/09): Reviewed poster, paper, and symposium abstracts from the behavioral sciences section for the 2009 Gerontological Society of America Annual Convention.

Mentoring

Academic Family Medicine Faculty:

Michelle Rodriguez, MD	2019-2021
Brittany Houston, PsyD	2020-present

Post-Doctoral Psychology Fellows:

Brittany Houston, PsyD	2019-2020
Mian-Li Ong, PhD	2019-present
Alex Young, PsyD	2020-present

Pre-Doctoral Psychology Interns:

Alex Young, MA	2019-2020
Erika Jonietz, MA	2018-2019
Sarah Swetzig, MA	2019-2020
Alexandra Snead	2020-present

Mentoring Underrepresented Faculty for Academic Excellence (STFM):

Jazma Phelps, MD	2020-present
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Past Research Activities

Doctoral Research Project (9/12-12/12): “A Mindful Heart” – the primary focus of this research project was to develop and test a short-term skills-based stress management group program for hypertensive patients in a primary care setting.

Faculty Sponsor: Christopher A. Neumann, PhD

Doctoral Research Project (3/10-12/11): The primary focus of this research project was to examine attitudes toward collaborative care and the patient-provider relationship in a sample of non-physician clinician (physician assistant and nurse practitioner) students. **Research supervisor:** Michael Leftwich, PhD

Program Development (10/09-12/11): The adult healthy lifestyles program *A Healthier You!* adapted to children and adolescents located in local school districts near Springfield, Missouri.

Project Chair: Glenna Weis, PhD

Research Project (6/10-10/11): “Understanding the behavioral health needs of a primary care clinic”; The focus of this project was to examine the behavioral health needs of an uninsured/underinsured primary care population. In addition, we attempted to better understand factors that may predict collaborative care efforts which include factors associated with making and keeping specialty mental health appointments. **Research supervisor:** Christopher A. Neumann, PhD

Research Assistant (9/09-12/10): APA Division 12, Section II (Clinical Geropsychology) Education Committee Project; Assisted with data collection from psychology graduate programs about geropsychology training. **Project Chair:** Erin E. Emery, PhD

Doctoral Research Project (5/09-12/10): The focus of this project was to examine the knowledge of aging and late-life depression among a sample of non-physician clinicians in the primary care setting. **Research supervisor:** Christopher A. Neumann, PhD

Doctoral Research Project (2/09-5/10): The focus of the project was to examine the psychometric properties of the Medical Anxiety Survey. **Research supervisor:** Phil Pegg, PhD

Doctoral Research Project (11/08-12/09): “The Impact of Gerontology Coursework on the Attitudes and Knowledge of Clinical Psychology Students;” Springfield, MO. **Research supervisor:** Christopher A. Neumann, PhD

Prevention/Research Assistantship (8/07-12/07): University of Oklahoma Health Sciences Center and Schools for Healthy Life Styles; Oklahoma City, OK. Facilitated a psycho-educational health promotion program for elementary school students. **Supervisor:** Barbara Terral, MA.

Undergraduate Research Project (WU) (10/05-5/06): “Personality, Stress, and Heart Health;” Springfield, OH. The primary focus of the research study was the investigation of individual synergistic effects of hostility and waist-hip ratio on cardiovascular reactivity to a laboratory stressor. **Research supervisor:** Diane B.V. Bonfiglio, PhD.

Past Work Experience

Assistant Professor/Clinical

Family Medicine Residency, University of Texas Health Science Center San Antonio

Department of Family and Community Medicine

Department of Psychiatry, Division of Behavioral Medicine (Cross Appointment)

San Antonio, TX

September 2015-August 2019

- Duties:

- Integrated primary care behavioral health (PCBH) consultation services to a primary care population

- Scholarly inquiry and integration of science and practice

- Program development and evaluation (PCBH model and family medicine curricula development)

- Behavioral Science education, training and supervision of family medicine residents, pre-doctoral psychology interns

- (primary care rotation primary supervisor), doctoral psychology externs, and masters-level clinical mental health counseling students in primary care

- Faculty facilitator for the Physician Wellness Program for the Family Medicine Residency

- Patient population: Adolescent, Adult, and Geriatric (65+) patients

Behavioral Health Consultant – Healthcare for the Homeless - Houston

Instructor, Baylor College of Medicine

Department of Family and Community Medicine

Houston, TX

May 2014-September 2015

- Duties:
 - Integrated primary care behavioral health (PCBH) consultation services to a primary care population
 - Understanding of the interaction of psychology and the healthcare system
 - Scholarly inquiry and integration of science and practice
 - Program development and evaluation
 - Education and training of medical and health professions students

- Patient population: Adult and geriatric (65+) patients
- *Licensed Supervisor (May 2014 – August 2014): Jeff Reiter, PhD, ABPP*

The School of Professional Psychology at Forest Institute
Writing Center Fellow

Springfield, MO
August 2009 – July 2010

- Assisted graduate students in the writing process
- Discussed strategies for writing in a variety of discursive modes including course papers, theses, dissertations, conference proposals, articles for publication, and personal statements
- Collaborated with students and faculty in establishing and maintaining the Center's objectives
- *Supervisor: Judith Gonzalez, PsyD, LMFT*

University of Oklahoma Health Sciences Center
College of Medicine
Department of Geriatric Medicine – Oklahoma Geriatric Education Center
Senior Project Assistant

Oklahoma City, OK
January 2008 – June 2008

- Assisted in the development of geriatric and gerontology training needs of health professionals
- Assisted in identifying the gaps in scientific methodology of evaluating educational initiatives
- *Supervisor: Tom Teasdale, DrPH*

University of Central Oklahoma
Department of Human Environmental Sciences
Graduate Student Assistant

Edmond, OK
June 2006-May 2008

- Assisted with paperwork of various courses offered in the department
- Assisted with administrative tasks
- Assisted professors in preparation and evaluation of course work
- *Supervisor: Lori Hedinger*

University of Central Oklahoma
Upward Bound
High School Academic Tutor

Edmond, OK
Summer 2006

- Tutored students in various academic subjects
- Supervised evening study sessions
- *Supervisor: Pam Edwards*

Wittenberg University
Department of Languages and Literature
Spanish Tutor

Springfield, OH
January 2006-May 2006

- Tutored students in various Spanish courses
- Supervised study hall sessions
- *Supervisor: Christine McIntyre, PhD*

Wittenberg University
Department of Languages and Literature
Foreign Language Lab Assistant

Springfield, OH
August 2004-May 2006

- Supervised the Foreign Language Lab
- Assisted students and faculty in the use of equipment and software
- Assisted the Lab Manager in computer lab maintenance sessions
- Assisted faculty and students in the development of multi-media projects
- *Supervisor: Arantxa Martin, PhD*

Other Related Experience

Guatemala Summer Immersion Program

Wittenberg University – Department of Languages and Literature

Antigua, Guatemala
Summer 2005

- 4 weeks of intensive Spanish study in Antigua, Guatemala and surrounding communities
- Assisted in the construction of classrooms for an elementary school in the village of Santa Isabel
- *Program Coordinator: John Cantrell*

Academic Teaching Experience

University of Texas San Antonio

Adjunct Lecturer

San Antonio, TX
2018– Present

- Courses:
- Integrated Behavioral Health in Primary Care I and II (Seated and Online)
- Recipients: Masters in Clinical Mental Health Counseling students

Our Lady of the Lake University

Adjunct Instructor

San Antonio, TX
2017– Present

- Courses:
- Integrated Behavioral Health Care (Seated and Online)
- Motivational Interviewing (Seated and Online)
- Cognitive and Behavioral Therapies (Seated and Online)
- Focused Acceptance and Commitment Therapy (Seated)
- Psychopharmacology for Psychologists in Training (Online)
- Recipients: Doctor of Psychology (PsyD) students

Drury University

Adjunct Instructor

Springfield, MO
2011 – 2018

- Courses:
- Writing for the Behavioral Sciences (Online and Seated)
- Medical Sociology (Online)
- Personality Theory in Psychology (Online)
- Psychology of Adult Development (Online)
- Recipients: Undergraduate students

Arizona State University

Faculty Associate

Phoenix, AZ
July 2015 – August 2016

- Courses:
- Professional Writing Skills (Online)
- Research Methods I (Online)

- Recipients: Doctor of Behavioral Health Students (Clinical Track)

Southern New Hampshire University
Adjunct Instructor

Manchester, NH
2014 – 2016

- Courses:
- Introduction to Psychology (Online)
- Health Psychology (Online)
- Lifespan Development (Online)
- Recipients: Undergraduate students

Vatterott College
Adjunct Instructor

Springfield, MO
2010 – 2013

- Courses:
- Introduction to Psychology (Ground and Online Campus)
- Medical Terminology and Anatomy (Online Campus)
- Medical Transcription (Online Campus)
- Introduction to Health Information Technology (Online Campus)
- Patient Safety and Education in the Medical Office (Online Campus)
- Recipients: Medical assisting students (Associate of Occupational Studies)

The School of Professional Psychology at Forest Institute
Adjunct Instructor

Springfield, MO
2011 – 2013

- Courses: Capstone Seminar; Group Intervention
- Recipients: Master of Arts in Counseling/Clinical Psychology Students

The School of Professional Psychology at Forest Institute
Teaching Assistant

Springfield, MO
2010 – 2011

- Courses:
- Fundamentals and Techniques of Assessment
- Health Psychology
- Capstone Seminar
- Lifespan Development
- Recipients: Master of Arts in Counseling Psychology Students
- Duties:
- Facilitated the completion of course requirements (papers, presentations)
- Assisted students with specific concerns related to materials covered in lecture or class readings
- Assisted with classroom activities and facilitating group discussions
- Provided support activities – such as media files and film clips – for class lecture
- *Instructors: Adam Andreassen, PsyD (Assessment); Jason Engel, PsyD (Health); Megan Weaver, MS (Capstone); Ann Colvin, PsyD (Lifespan)*

The School of Professional Psychology at Forest Institute
Teaching/Lab Assistant

Springfield, MO
August 2010 – December 2010

- Course: Cognitive Assessment
- Recipients: Doctoral-level clinical psychology students
- Duties:
- Facilitated the completion of course requirements (practice administrations, presentations)
- Assisted students with specific concerns related to materials covered in lecture, lab, or class readings
- Assisted with cognitive assessment lab activities (WAIS-IV, WISC-IV, and WASI practice administrations)
- *Professor: Phil Pegg, PhD*

- Course: Psychopathology II
- Recipients: Doctoral-level clinical psychology students
- Duties:
 - Facilitated the completion of course requirements (papers, presentations, vignettes)
 - Assisted students with specific concerns related to materials covered in lecture or class readings
 - Assisted with certain classroom activities (such as roleplaying, diagnostic interviewing) and facilitated group discussions
 - Provided support activities – such as media files and film clips – for class lecture
- Professor: Phil Pegg, PhD

Johns Hopkins University
Center for Talented Youth (Franklin and Marshall College – program site)
Teaching Assistant

Baltimore, MD
Summer 2007

- Course: History of Disease
- Recipients: Gifted high school students
- Duties:
 - Tutored students and taught class as requested by the instructor
 - Assisted with the paperwork of the class
 - Assisted with administrative tasks
 - Supervised late afternoon/evening study sessions
- Instructor: Lori McGowan, DPM

Grants

\$3,000	Oklahoma Department of Mental Health and Substance Abuse Services Science to Service Research Grant Award	Dec. 2007-Nov. 2008
	<ul style="list-style-type: none">• Project title: <i>The Relationship between BMI and Subjective Well-Being in Females During Early Young Adulthood</i>• Principal Investigator• Description: This project demonstrated that compared to participants in the “normal” weight range, participants classified as “overweight/obese” reported lower levels of life satisfaction. Further analyses found that among males, but not females, increases in body mass index (BMI) were associated with lower levels of life satisfaction and psychological well-being.	
\$5,000	Texas Academy of Family Physicians Foundation	January 2016 – January 2017
	<ul style="list-style-type: none">• Project title: <i>Behavioral Health Integration at El Centro de Corazon: A Pilot Study</i>• Co-Investigator• Description: The objective of this project was to determine current level of behavioral health integration and impact of behavioral health services within the primary care patient population. The primary care clinic in this pilot score the lowest on the Practice Integration Profile (PIP; a tool to measure level of behavioral health integration in primary care) in: Integration Methods/Shared Care Plans, which indicates a greater need for the medical and behavioral health providers to interact more often (to become a standard of practice) in daily patient care activities. The primary care clinic was encouraged to use a quality improvement measurement method (e.g., PDSA) to establish what changes will be made in order to make improvements to this area of the PIP. The clinic was also encouraged to re-take the PIP at least 12 months after changes are implemented to measure progress.	
\$49,000	American Academy of Family Physicians Foundation	January 2016 – December 2016
	<ul style="list-style-type: none">• Project title: <i>ROAR: Reflecting on Abusive Relationships.</i>• Co-Investigator• Description: The aim of this study is to pilot test an approach for identifying women in abusive relationships, providing with them with a brief counseling intervention for 8 weeks, assigning daily telephone reports, and referring them for additional assistance if desired.	
\$7,479	Texas Academy of Family Physicians Foundation	August 2016-August 2017
	<ul style="list-style-type: none">• Project title: <i>Predictors of Family Physician Wellness and Burnout: An RRNet Study</i>	

- Co-Investigator
 - Description: In this study, we aimed to understand demographic, psychological, environmental, behavioral, and work-place characteristics that impact physician wellness and burnout, focusing on family medicine physicians and family medicine residents in Texas. This study is the first attempt to understand factors that are related to risk of burnout and investigate protective elements that can enhance physician wellness in Texas.
- \$1,235 University Health Foundation November 2016-November 2017
- Project title: *To go or not go? Likelihood of specialty mental health treatment for patients receiving care within the Primary Care Behavioral Health consultation model*
 - Principal Investigator
 - Description: The purpose of this project was to determine patient satisfaction with behavioral health consultation (BHC) visits that take place within the context of the Primary Care Behavioral Health (PCBH) consultation model. Patient likelihood to seek out specialty mental health care services if behavioral health consultation services were not provided was also examined. Results show that 61% of the patients in the low-income primary care clinic would not attend a specialty mental health appointment. This project demonstrates how the PCBH model is a patient-centered approach to care and reaches populations that otherwise may not receive behavioral health services.
- \$10,000 American Psychological Foundation July 2017-June 2018
- Project title: *National Register Internship Partnership Fund Grant*
 - Description: The American Psychological Foundation (APF) and the National Register of Health Service Psychologists provide a \$10,000 grant to fund new internship position through the Internship Partnership Fund. This grant, which is funded through the APF/National Register Internship Partnership Fund, are intended to help APA- and CPA-accredited internship sites offer additional internship placements, thereby helping to close the internship gap.
- \$804,748 Behavioral Health Workforce Education and Training (BHWET) Program (HRSA)
September 2017-September 2021
- Grant Number: 1M01HP31382.
 - Co-collaborator(s): University of Texas San Antonio, Department of Counseling
 - Role: Primary Care Behavioral Health Trainer/Consultant
 - Description: The Department of Counseling at University of Texas at San Antonio (UTSA) and UTHealth San Antonio are collaborating under the HRSA Behavioral Health Workforce and Education grant to offer specialized training and internship placements in integrated primary care. The Program for the Integrated Training for Counselors in Behavioral Healthcare (PITCH) was designed to train clinical mental health counselors to provide services to rural, vulnerable, and/or medically underserved communities surrounding the San Antonio area.

Professional Presentations/Papers/Workshops/Posters

Invited Presentations/Lectures

Ogbeide, S. (2021, April). *"Mentoring: What not to do."* Invited Keynote Lecture for the Quarterly Leadership Development Program for the Society for Health Psychology (Virtual presentation).

Ogbeide, S. (2021, March). *"I think I need help": Mentoring 101 for ECPs in Academic Health Centers.* Invited Keynote Lecture for the Early Career Bootcamp for the Association of Psychologists in Academic Health Centers (Virtual presentation).

Ogbeide, S. (2020, September). *Trauma and the Complex Patient: What Does Primary Care Offer?* Invited Keynote Lecture for the Society of Teachers of Family Medicine Conference on Practice and Quality Improvement (Virtual presentation).

Ogbeide, S. (2020, August). *Back to school in 2020: Supporting children and teens during stressful times.* Invited panel presentation for the BIPOC Initiative of Mental Health America of Greater Houston (Virtual presentation).

Ogbeide, S. (2020, August). *Intimate Partner Violence during the COVID-19 Pandemic.* Invited presentation for the Wisconsin Collaborative for Healthcare Quality (Virtual presentation).

Ogbeide, S. (2020, August). *All I see is trauma: Adopting a trauma-informed lens for child and adolescent school-based healthcare*. Invited presentation for the Laredo Independent School District and United Independent School District Nurses In-Service Training (Virtual presentation).

Ogbeide, S. (2020, June). *Taking action to change: Brief Motivational Interviewing techniques for better health outcomes in patients with Diabetes*. Invited webinar for the National Center for Farmworker Health, Inc.

Ogbeide, S. (2020, June). *Intimate Partner Violence in Primary Care during COVID*. Invited presentation for the Behavioral Health Integration ECHO for Arizona State University (Virtual presentation).

Gettleman, V., **Ogbeide, S.**, Walker, M. (alphabetical order; 2020, June). *Managing Physical and Mental Health during COVID*. Invited panel presentation for San Antonio for Growth on the Eastside. Eastside Business Briefing (Virtual presentation).

Ogbeide, S. (2020, June). *Brief Motivational Interviewing for the Healthcare Team*. Invited pre-conference workshop at the Neonatal Abstinence Syndrome Conference. Houston, TX (Conference canceled).

Ogbeide, S. (2020, April). *“Support, Support, Support!” Using medical improvisation to build leadership skills and flexibility in trainees*. Invited keynote presentation at the Texas Family Medicine Leadership Conference. Austin, TX (Conference canceled).

Ogbeide, S. (2019, November). *Psychological Flexibility for the Primary Care Provider: Tools to Build Resilience*. Invited workshop for the 2019 Primary Care Provider Annual Retreat for Health by Design. San Antonio, TX.

Ogbeide, S. (2019, October). *Motivational Interviewing Skills for Improving Health Behavior Change*. Invited Workshop for the 2019 Texas Health Literacy Conference. San Antonio, TX.

Ogbeide, S. (2019, September). *Walking Towards a Value-Based Life with Inflammatory Bowel Disease*. Invited lecture for the 2019 Crohn’s and Colitis Foundation Patient Education Conference. San Antonio, TX.

Ogbeide, S. (2019, September). *The Program for the Integrated Training of Counselors in Healthcare: Challenges and Success*. Invited Workshop for the Higher Education Committee of Mental Health America of Greater Houston Integrated Care Initiative. Houston, TX.

Ogbeide, S. (2019, July). *Championing Behavioral Health Integration in Primary Care*. Invited Workshop for the Mental Health America of Greater Houston Integrated Care Initiative. Houston, TX.

Ogbeide, S. (2019, June). *Clinical Pathways in Primary Care Behavioral Health: Tools for Effective Patient Care*. Invited Workshop for the 2019 Conference of the Missouri Psychological Association. St. Louis, MO.

Ogbeide, S. & Lopez, E. (2019, May). *Primary Care Behavioral Health 101*. Invited Lecture for the 2019 UT Health San Antonio ACO Summit, San Antonio, TX.

Ogbeide, S. (2019, April). *Behavioral Screening and Designing Clinical Pathways for Primary Care Forum*. Invited Workshop for the Integrated Health Care Initiative of Mental Health America of Greater Houston. Houston, TX.

Ogbeide, S. (2018, October). *Addressing Adverse Childhood Experiences in Primary Care*. Invited Lecture: Health Psychology Course, Wittenberg University Department of Psychology, Springfield, Ohio.

Ogbeide, S. (2018, October). *Why Primary Care Needs You*. Invited Lecture for the Fall 2018 Colloquium, Department of Psychology, Wittenberg University, Springfield, Ohio.

Ogbeide, S. (2018, October). *Brief Motivational Interviewing Skills for Improving Health Behavior Change*. Invited Lecture at the Texas Health Literacy Conference, San Antonio, TX.

Belcher, N., Buck, D., & **Ogbeide, S.** (2018, September). *Inspiration, Now What?*. Invited Panel Discussion Member for the Methodist Health Ministries of South Texas, Inc. Primary Care Safety Net Summit, San Antonio, TX.

Morgan, R., **Ogbeide, S.**, & Rowan, M. (2018, August). *Building IBH Champions: Advice from Medical, Behavioral, and Policy Leaders*. Invited Panel Discussion Member for the Methodist Health Ministries of South Texas, Inc. Si Texas Convening, San Antonio, TX.

Ogbeide, S. (2018, June). *A Crash Course in Implementing Behavioral Health Services into Primary Care Clinics*. Invited Lecture at the Texas Academy of Family Physicians. San Antonio, TX.

Ogbeide, S. (2018, April). *Adverse Childhood Experiences: The Impact on the Development of Chronic Disease*. Invited Presentation at the Local Chapter of the Association of Physicians of Pakistani Descent of North America. San Antonio, TX.

Ogbeide, S. (2018, January). *Supervision 101: Integrated Primary Care Behavioral Health Training*. Workshop provided to the University of Texas San Antonio clinical supervisors of the masters in clinical mental health counseling students through the HRSA BHWET Integrated Primary Care Training Grant. San Antonio, TX.

Ogbeide, S. (2017, December). *Integrated Primary Care Behavioral Health Training*. Workshop provided to the University of Texas San Antonio masters in clinical mental health counseling students through the HRSA BHWET Integrated Primary Care Training Grant. San Antonio, TX.

Ogbeide, S. (2017, November). *The Primary Care Behavioral Health Consultation Model: What You Need to Know*. Webinar lecture provided to the Medical Family Therapy Doctoral Program at St. Louis University, St. Louis, MO.

Ogbeide, S., Sanders, E., Houston, B., & Young, A. (2017, July). *Basics of Brief Motivational Interviewing*. Clinical Skills workshop provided to 200 health professions students (medical, nursing, and dental) at UT Health San Antonio. San Antonio, TX.

Ogbeide, S. & Gonzalez, S. (2017, May). *Integrating Behavioral Health and Primary Care: Nuts and Bolts of Whole Person Care*. Invited workshop for the Bexar County Psychological Association co-sponsored by Methodist Healthcare Ministries of South Texas, Inc., San Antonio, TX.

Ogbeide, S. & deGruy, F. (2017, February). *Integrating behavioral health into a primary care clinic*. Invited presentation presented at the Association for Departments of Family Medicine (Administrators Pre-Conference). Garden Grove, CA.

Ogbeide, S. & Jaen, C. (2016, October). *Integrated behavioral medicine in primary care*. Invited presentation presented at the National Association of Academic Psychiatry Administrators Annual Meeting. San Antonio, TX.

Ogbeide, S. (2016, October). *Leaving the silo: Promoting physician wellness with team-based care*. Invited presentation presented at the Association of Physicians of Pakistani Descent of North America Fall Meeting. San Antonio, TX.

Buck, D. & Ogbeide, S. A. (2015, November). *Swimming against the tide: Enhancing access through integration*. Invited lecture presented at the 2015 Behavioral Health Summit of the Texas Association of Community Health Centers. San Antonio, TX.

Ogbeide, S. A. (2015, June). *The Primary Care Behavioral Health (PCBH) model through the lifespan*. Invited lecture for the University of Houston Graduate School of Social Work. Course: *Clinical Behavioral Health Practices in Integrated Healthcare*

Ogbeide, S. A. (2015, May). *Brief Behavioral Interventions in Primary Care*. Invited workshop sponsored by Mental Health America of Greater Houston, Harris County Healthcare Alliance, and the Network of Behavioral Health Providers.

Ogbeide, S. A., & Buck, D. S. (2014, December). *Why Behavioral Health Integration is needed in Primary Care*. Invited lecture for the CORE didactic program - Baylor College of Medicine, Family Medicine Residency.

Ogbeide, S. A. (2014, September). *Behavioral Health Screening in Primary Care*. Invited lecture sponsored by Mental Health America of Greater Houston, Harris County Healthcare Alliance, and the Network of Behavioral Health Providers.

Ogbeide, S. A. (2013, July). *Acceptance and Commitment Therapy*. Invited Guest Lecture – MACLF 535: Theories of Personality. Recipients: Master of Arts in Clinical Psychology students – The School of Professional Psychology at Forest Institute, Springfield, Missouri.

Ogbeide, S. A. (2010, August). *Coping with ALS*. Invited oral presentation for the Amyotrophic Lateral Sclerosis (ALS) Support Group. Cox South Medical Center, Springfield, MO.

Ogbeide, S. A. (2010, February). *Management of geriatric suicidality in long term care settings*. In-service presentation at The Manor at Elfindale Skilled Nursing Facility, Springfield, MO. Audience: Nursing staff

Ogbeide, S. A. Guest Lecture (2008, June). *Grant Writing Tips for Graduate Students*; Linking Families and Communities course (FMCD 5910), Dept. of Human Environmental Sciences, University of Central Oklahoma.

Ogbeide, S. A. Guest Lecture (2008, March). *Grant Writing Tips for Undergrads*; Grant Writing and Fundraising course (KINS 3632), Dept. of Kinesiology and Health Studies, University of Central Oklahoma.

Peer-Reviewed Conference Presentations

Reitz, R., **Ogbeide, S.**, Pozun, C., Jacobs, B., George, D., Maccho, C. R., & Simmons, P. (2020, October). *The great debate 5.0: Integrated care's questions and controversies*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference (Virtual presentation).

Lloyd-Hazlett, J., & **Ogbeide, S.** (2020, October). *Improv-ing our practice environments and wellness: Using medical improv to promote resilient, effective primary care teams*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference (Virtual presentation).

Ogbeide, S., Bauman, D., Beachy, B., & Gibson-Lopez, G. (2020, October). *Equipping the next generation of behavioral health trainees: A clinical supervision primer*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference (Virtual presentation).

Trejo, A., Lusenhop, W., **Ogbeide, S.**, Emko, J., & Ring, J. (2020, October). *I don't see color*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference (Virtual presentation).

Ogbeide, S. (2020, August). *Championing behavioural health integration in your primary care organization*. Pre-conference workshop to be presented at the International Congress of Behavioural Medicine. Glasgow, Scotland (Conference cancelled).

Robinson, P., Barreto, M., Gaynor, S., Kanzler, K., & **Ogbeide, S.** (2020, July). *The promise of Focused ACT (FACT) for unique and diverse populations: Increasing access to health for all* (Virtual presentation due to cancelled conference due to COVID-19 pandemic). Symposium to be presented at the World Conference of the Association for Contextual and Behavioral Sciences. New Orleans, LA.

Ogbeide, S., & Lloyd-Hazlett, J. (2020, February). *"Yes, And!" Using improvisational exercises to build flexibility in trainees in primary care*. Workshop presented at the 2020 Shine Academy Innovations in Health Science Education Annual Conference. Austin, TX.

Ratcliff, C., **Ogbeide, S.**, & Naubert, K. (2019, October). *Launching & Building a Career in Integrated Care & Beyond: Answering Questions You Didn't Know You Had*. Symposium presented at the Texas Psychological Association Annual Convention. San Antonio, TX.

Ogbeide, S., Houston, B., Ceja, D., & Knight, C. (2019, October). *Treating Posttraumatic Stress Disorder with a Prolonged Exposure Protocol within Primary Care Behavioral Health: A Case Example*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference. Denver, CO.

Ogbeide, S., Lloyd-Hazlett, J., Trepal, H., & Amodei, N. (2019, October). *Adapting Team-Based Learning to Contextualize Primary Care Behavioral Health Practice for Graduate Behavioral Health Students*. Oral presentation at the Collaborative Family Healthcare Association Annual Conference. Denver, CO.

Ogbeide, S., Datta, P., Emko, N., Houston, B., Urbi, R., Young, A., & Ceja, D. (2019, April). *Interprofessional chronic pain training in primary care: Building trainee and patient confidence*. Oral presentation at the 2019 Society of Teachers of Family Medicine Annual Spring Conference. Toronto, ON, Canada.

Walberg, A., Beachy, B., **Ogbeide, S.**, Lancaster, R., & Poursani, P. (2018, October). *You are not fired! Optimizing the PCBH Model for difficult patient encounters*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Rochester, NY.

Ogbeide, S., Emko, N., Houston, B., & Urbi, R. (2018, October). *Where do I start? Interprofessional chronic pain training in primary care*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Rochester, NY.

Ogbeide, S., Ruddy, N., George, D., Winford, E., & Blaney, C. (2018, October). *Code switching for behavioral health providers: Prioritizing training in primary care*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Rochester, NY.

Ogbeide, S., Sanders, E, Datta, P., & Bernal, B. (2018, April). *The Human Behind the Patient: Conducting a Change Oriented Interview in Primary Care*. Paper presented at the Texas Family Medicine Leadership Conference, Austin, TX.

Turner, B., Cleveland, L., Velligan, D., Ferrer, R., & **Ogbeide, S.** (2017, November). *Redesigning health care systems to meet the needs of underserved populations behavioral, substance use, and mental health disorders*. Roundtable discussion panel presented at the Healthier Texas Summit. Austin, TX.

Rodriguez, M., Phan, Y., Jose, S., Houston, B., & **Ogbeide, S.** (2017, October). *Primary care behavioral health consultation model implementation within a family medicine training program: Initial outcomes and observations*. Poster presented at the Collaborative Family Healthcare Association Annual Conference. Houston, TX.

Ogbeide, S., Gutierrez, B., Garza, K., Shrestha, K., & Misra, A. (2017, October). *To go or not to go? Likelihood of specialty mental health treatment for patients receiving care within the Primary Care Behavioral Health consultation model*. Poster presented at the Collaborative Family Healthcare Association Annual Conference. Houston, TX.

Garcia, S., Batsell, T., Burkhalter, N., McClain, S., Geroge, D., Banks, J., ... & **Ogbeide, S.** (2017, October). *A tale of 8 cities continued: Preliminary results from evaluating integrated behavioral health*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Houston, TX.

Beachy, B., **Ogbeide, S.**, Bauman, D., & Christensen, J. (2017, October). *You are not fired! Using the PCBH model to fortify efforts to care for vulnerable patients in primary care*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Houston, TX.

Ogbeide, S. & Buck, K. (2017, April). *Predictors of family physician wellness and burnout: An RRNeT Study*. Paper presented at the Texas Family Medicine Leadership Conference, Austin, TX.

Ogbeide, S. A. (2017, February). *Revisiting emergency department care: Teaching motivational interviewing skills to residents in training*. Poster presented at The University of Texas System Kenneth I. Shine, M.D., Academy of Health Science Education 2017 Annual Meeting. Austin, Texas.

George, D., Gonzalez-Wright, M., Bonura, E., **Ogbeide, S.**, Galke, C., & Melo, M. (2016, October). *Evaluating integrated behavioral health: A tale of 9 cities*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Charlotte, NC.

Ogbeide, S. A., Bauman, D., & Beachy, B. (2016, July). *Answering the call for integration: Training today's healthcare workforce*. Paper presented at the Prevention Conference, New Orleans, Louisiana.

Ogbeide, S. A., Cruz, I., & Schlenker, C. (2016, June). *The Many Faces of Integration: Meeting the Needs of the Whole Person*. Paper presented at the 4th Annual Texas Primary Care and Health Home Summit. Houston, Texas.

Ogbeide, S. A., Kanzler, K., Landoll, R., & Reiter, J. (2016, March). *Striking a balance: Flexibility & Fidelity with the PCBH Model with Special Patient Populations*. Paper presented at the 2016 Conference on Integrated Healthcare. Chandler, Arizona.

Kessler, R., Kallenberg, G., & **Ogbeide, S. A.** (2015, December). *Improving quality of care from measured level of primary care behavioral health integration*. Paper presented at the 2015 Conference on Practice Improvement (Society of Teachers of Family Medicine). Dallas, TX.

Chapman, S., Curtis, D., & **Ogbeide, S. A.** (2015, November). *Real-world models of integrated behavioral health care within Texas primary care settings*. Symposium presented at the 2015 Texas Psychological Association Annual Convention. San Antonio, TX.

Ogbeide, S. A., & Gonzalez, S. (2015, November). *"Nothing is wrong with me!" Treating psychosis in primary care*. Paper presented at the 2015 National Association of Social Workers – Texas Chapter. Galveston, TX.

Manson, L., Bauman, D., Beachy, B., Baker, M., & **Ogbeide, S. A.** (2015, October). *What's With All the Numbers?: Quality Indicators within Integrated Behavioral Health Programs*. Paper presented at the 2015 Collaborative Family Healthcare Association Annual Conference. Portland, OR.

Ogbeide, S. A., Bauman, D., & Beachy, B. (2014, October). *Repaving the Road: Addressing the Challenges of Conducting Outcome Research in Primary Care*. Paper presented at the 2014 Collaborative Family Healthcare Association Annual Conference. Washington, DC.

King, D., Fleishman, J., Maurin, E., Ogbeide, S. A., & Cos, T. A. (2014, October). *Getting Started in Primary Care Behavioral Health: Job Acquisition for Students and New Professionals*. Paper presented at the 2014 Collaborative Family Healthcare Association Annual Conference. Washington, DC.

Ogbeide, S. A., Buck, D. S., & Reiter, J. (2014, October). *Mapping New Territory: Implementing the Primary Care Behavioral Health (PCBH) Model in Homeless Shelter Clinics*. Paper presented at the 2014 Collaborative Family Healthcare Association Annual Conference. Washington, DC.

Shah, S., & **Ogbeide, S. A.** (2014, October). *ACTing on Chronic Pain*. Poster presented at the 2014 Collaborative Family Healthcare Association Annual Conference. Washington, DC.

Fitch-Martin, A., Valdivia, K., & **Ogbeide, S. A.** (2014, October). *Cancer Pain Management: Optimizing the Role of Behavioral Health Providers*. Poster presented at the 2014 Collaborative Family Healthcare Association Annual Conference. Washington, DC.

Ogbeide, S. A., & Harris, H. (2014, April). *Post-release primary care utilization of inmates: A population ignored*. Poster presented at the Mental Health in Corrections Conference. Springfield, Missouri. **Second Place Poster Presentation Award for Outstanding Scholarship.**

Brown, C., Hegland, E., Humber, K., Downer, B. G., & **Ogbeide, S. A.** (2014, March). *A mile high education: Student perspectives on educational quality*. Symposium was presented at the 2014, 40th Annual Meeting of the Association for Gerontology in Higher Education. Denver, CO.

Dunham, K. J., Rolin, S., Sibson, J., & **Ogbeide, S. A.** (2014, February). *Specificity for Cognitively Impaired Individuals on the RBANS Effort Scale and Effort Index*. Poster was presented at the 42nd Annual Meeting of the International Neuropsychological Society. Seattle, WA.

Ogbeide, S. A. (2013, October). *Research findings on sleep and the determinants of health*. Paper presented at the 2013 Collaborative Family Healthcare Association Annual Conference. Broomfield, CO.

Ogbeide, S. A. (2013, October). *A mindful heart: Skills-based stress management for primary care – part II*. Paper presented at the 2013 Collaborative Family Healthcare Association Annual Conference. Broomfield, CO.

Sibson, J. M., Porta, N., & **Ogbeide, S.** (2012, November). *Determining suicide risk in geriatric populations: A review of the current literature*. Poster presented at the 2012 Gerontological Society of America Annual Convention. San Diego, CA.

Dunham, K. J., Rolin, S. N., Sibson, J. M., **Ogbeide, S. A.**, Glover, M. W., & Denney, R. L. (2012, November). *Utility of the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) in differentiating between types of dementia*. Poster presented at the 32nd Annual National Academy of Neuropsychology Conference. Nashville, TN.

Ogbeide, S. A. (2012, October). *A mindful heart: Skill-based stress management for primary care*. Paper presented at the 2012 Collaborative Family Healthcare Association Annual Conference. Austin, TX.

Ogbeide, S. A., Bauman, D., Beachy, B., Neuhaus, C., & Leftwich, M. (2012, April). *Factors associated with attitudes toward patient-provider communication and collaborative care in a sample of non-physician clinician trainees*. Poster presented at the Society of Behavioral Medicine Annual Convention. New Orleans, LA.

Ogbeide, S. A., Price, K., Rougeaux-Burnes, G., Sibson, J., Malousek, J., & Spencer, M. (2012, April). *Achieving interdisciplinary health care for older adults: Qualitative insights from primary care trainees*. Poster presented at the Society of Behavioral Medicine Annual Convention. New Orleans, LA.

Neumann, C., Pegg, P., Stermensky, G., & **Ogbeide, S.** (2012, April). *Patient factors associated with behavioral health appointment attendance*. Poster presented at the Society of Behavioral Medicine Annual Convention. New Orleans, LA.

Rougeaux-Burnes, G., & **Ogbeide, S. A.** (2012, April). *Couples & cohabitation: Debunking the myths*. Paper presented at the Missouri Marriage and Family Therapy Association. Springfield, MO.

Rougeaux-Burnes, G., Beckmann, S., & **Ogbeide, S. A.** (2012, April). *Prostate cancer: The effects of shared decision making on marital adjustment*. Poster presented at the Missouri Marriage and Family Therapy Association. Springfield, MO.

Dunham, K. J., Rolin, S. N., Sibson, J. M., **Ogbeide, S. A.**, & Glover, M. W. (2012, April). *Effects of anxiety symptomology on the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)*. Poster presented at the American College of Professional Neuropsychology. Las Vegas, NV.

Harris, H., Solomon, S., & **Ogbeide, S.** (2012, March). *Changes in healthcare: A population-based model for comprehensive care*. Poster presented at the Missouri Psychological Association Annual Convention. St. Louis, MO.

Ogbeide, S. A., & Stermensky, G. (2012, March). *Shared decision making: Reducing illicit drug use in older adults*. Poster presented at the 2nd Annual Comparative Effectiveness Research Center Symposium. St. Louis, MO.

Stermensky, G., & **Ogbeide, S. A.** (2012, March). *Social marketing and health literacy: The role of shared decision making*. Poster presented at the 2nd Annual Comparative Effectiveness Research Center Symposium. St. Louis, MO.

Ogbeide, S. A., Stermensky, G., Pegg, P., & Neumann, C. (2011, October). *Patient characteristics associated with behavioral health and specialty mental health referrals*. Poster presented at the Collaborative Family Healthcare Association Annual Conference. Philadelphia, PA.

Ogbeide, S. A. (2011, July). *Motivational interviewing and health behavior change: Implications for older adults*. Poster presented at the International Council of Psychologists Annual Convention. Washington, DC.

Ogbeide, S. A., Farrell, B., & Rougeux-Burnes, G. (2011, April). *Attachment and social engagement in later life: Interventions for older adults*. Paper presented at the Missouri Association of Marriage and Family Therapy. St. Louis, MO.

Valdivia, K, & **Ogbeide, S. A.** (2011, March). *Group-based Interventions for caregivers of individuals with chronic health conditions*. Paper presented at the 37th Annual Meeting and Educational Leadership Conference of the Association for Gerontology in Higher Education, Cincinnati, OH.

Ogbeide, S. A., & Neumann, C. A. (2010, October). *Changes in primary care delivery: Implications for clinical geropsychology*. Paper presented at the 12th Annual Conference of the Collaborative Family Healthcare Association, Louisville, KY.

Ogbeide, S. A., & Wood, S. C. (2010, October). *Chronic pain in the family context: Providing comprehensive pain management*. Poster presented at the 12th Annual Conference of the Collaborative Family Healthcare Association, Louisville, KY.

Griswold, S., & **Ogbeide, S. A.** (2010, August). *Self-reported health problems and health care utilization of correctional inmates*. Poster presented at the 118th American Psychological Association Annual Meeting, San Diego, CA.

Ogbeide, S. A., & Neumann, C. A. (2010, June). *Health psychology in primary care settings: An integrated healthcare model for older adults*. Paper presented at the Missouri Psychological Association Annual Convention, Lake of the Ozarks, MO.

Bauman, D., Beachy, B., & **Ogbeide, S. A.** (2010, June). *Health-related variables associated with depressive symptoms among a university sample*. Poster presented at the Missouri Psychological Association Annual Convention, Lake of the Ozarks, MO.

Ogbeide, S. A., & Pegg, P. O. (2010, April). *Docs, blood, germs. & disease fears: Salient medical anxieties and their stability over time*. Poster presented at the 31st Society of Behavioral Medicine Annual Meeting, Seattle, WA.

Griswold, S., Baron, S., & **Ogbeide, S. A.** (2010, April). *Health up in smoke? The effects of smoking on incarceration*. Poster presented at the Mental Health and Corrections Conference, Chicago, IL.

Ogbeide, S. A., Farrell, B., Messer, S., & Rougeaux-Burnes, G. (2010, April). *The effects of obstructive sleep apnea on interpersonal relationships: A review of literature*. Poster presented at the Missouri Association of Marriage and Family Therapy Annual Convention, Kansas City, MO.

Ogbeide, S. A., Davies, C., Hawley, P., & Price, K. (2010, April). *Caring for those who care for others: Health consequences of familial caregiving*. Poster presented at the Missouri Association of Marriage and Family Therapy Annual Convention, Kansas City, MO.

Ogbeide, S. A., Sorocco, K. H., & Neumann, C. A. (2010, March). *Experiential learning: A preliminary study of the impact on gerontology coursework on the attitudes of clinical psychology students*. Paper presented at the 36th Annual Association for Gerontology in Higher Education, Reno, NV.

Ogbeide, S. A., & Garcini, L. M. (2009, November). *Meeting the needs of the geriatric population: The use of psychology in an integrated healthcare setting*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Ogbeide, S. A., Neumann, C. A., & Sorocco, K. H. (2009, November). *Attitudes toward aging among a population of clinical psychology students*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Garcini, L. M., & **Ogbeide, S. A.** (2009, October). *Advancing cultural competence in primary care: The identification of barriers and resources to better quality of care for underserved populations*. Poster presented at the 11th Annual Collaborative Family Health Association Conference, San Diego, CA.

Ogbeide, S. A., & Neumann, C. A. (2009, September). *Intimate partner violence: The importance of primary care screenings in rural communities*. Poster presented at the 6th Annual Building the Foundation Conference, Springfield, MO.

Ogbeide, S. A., Garcini, L. M., & Galvan, T. (2009, July). *A multidimensional model to advance cultural competence in primary care*. Poster presented at the 67th Annual International Council of Psychologists Conference. Mexico City, Mexico.

Garcini, L. M., **Ogbeide, S. A.**, & Galvan, T. (2009, July). *Confronting a worldwide challenge: The promotion of healthy aging in primary care*. Poster abstract presented at the 67th Annual International Council of Psychologists Conference. Mexico City, Mexico.

Ogbeide, S. A. (2009, June). *Mezirow's transformational learning theory: Contributions to group interventions for individuals with a serious medical illness*. Poster presented at the Missouri Psychological Association Annual Convention. Lake of the Ozarks, MO.

Ogbeide, S. A., & Pegg, P. O. (2009, June). *Self-perceptions of medical status: Untreated health concerns among a sample of university students*. Poster presented at the Missouri Psychological Association Annual Convention. Lake of the Ozarks, MO.

Ogbeide, S. A., & Griswold, S. (2009, June). *Jail health: Deliberate indifference?* Poster presented at the Missouri Psychological Association Annual Convention. Lake of the Ozarks, MO.

Garcini, L. M., **Ogbeide, S. A.**, & Naus, M. J. (2009, June). *Spirituality and adaptation to cancer: A preliminary model*. Poster presented at the 2nd Annual Meeting of the Society for Spirituality, Theology, and Health. Durham, NC.

Ogbeide, S. A., Neumann, C. A., & Rudebock, C. D. (2009, April). *The relationship between body size, gender, and subjective well-being among a sample of college students*. Poster presented at the Society of Behavioral Medicine 30th Annual Meeting. Montréal, QC, Canada.

Ogbeide, S. A. (2009, April). *Anorexia nervosa: Family-based structural therapy as a treatment approach*. Poster presented at the Missouri Association for Marriage and Family Therapy Conference. Springfield, MO.

Valdivia, K., Ruffin, T., & **Ogbeide, S. A.** (2009, April). *Familial Caregiving, Bereavement, and Coping with Death: A literature review*. Poster presented at the Missouri Association for Marriage and Family Therapy Conference. Springfield, MO.

Valdivia, K., Ruffin, T., & **Ogbeide, S. A.** (2009, March). *Achieving resilience in caregiving: Coping with the death of a terminally-ill family member*. Poster presented at the 24th Annual Adult Development Symposium. Denver, CO.

Ogbeide, S. A. (2009, March). *Language deficits post stroke*. Paper presentation at the University of Central Oklahoma Language and Linguistics Student Conference. Edmond, OK.

Ogbeide, S. A., Lenker, K. (2009, February). *The role of transformational learning in health education*. Poster presented at the University of Central Oklahoma Transformative Learning Conference. Edmond, OK.

Ogbeide, S. A. (2008, August). *The relationship between body mass index and subjective well-being in females during early young adulthood*. Paper presentation at the Oklahoma Department of Mental Health and Substance Abuse Services Science to Service Forum.

Current Professional Membership Affiliations

- | | |
|---|--------------|
| • Collaborative Family Healthcare Association | 2010-present |
| • Society of Behavioral Medicine | 2008-present |
| • Society of Health Psychology (Division 38 – APA) | 2009-present |
| • Society of Teachers of Family Medicine | 2015-present |
| • Texas Psychological Association | 2018-present |
| • Association of Psychologists in Academic Health Centers | 2018-present |
| • Fellow, American Academy of Clinical Health Psychology | 2018-present |

Specialized Training

- | | |
|---|------------|
| • Prolonged Exposure for PTSD in Primary Care (PE-PC) | March 2018 |
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Rauch & Cigrang Training Institute, LLC
Completed six months of clinical supervision

- Psychological First Aid Training Online
The National Child Traumatic Stress Network
Completed six-hour online training course

July 2020

Honors and Awards

Second Place Award in Innovations in Health Science Education
"Program for the Integrated Training of Counselors in Healthcare"
UT Shine Academy of Health Science Education Annual Conference
February 2021

2020 Excellence in Clinical Health Psychology by an Early Career
Professional Award – Society for Health Psychology (Division 38),
American Psychological Association
August 2020

2019 Missouri Psychological Association (MoPA) Integrated Care Champion:
This award recognizes a Missouri psychologist who has made significant
contributions in the area of integrated healthcare through clinical service,
research, training, advocacy, and/or outreach. This award is given by
the MoPA Integrated Care Committee.
June 2019

2019 UTSA President's Distinguished Achievement Award
For Innovation and Impact for the Program for the Integrated Training of
Counselors in Behavioral Health (PITCH)
April 2019

Innovations, both in the areas of learning and research, are central to UTSA's vision of becoming a model for student success, a great research university, and an exemplar for strategic growth and excellence. Founded in fall 2018 to foster and celebrate innovative thinking at UTSA, the President's Innovation and Impact (I²) Award, will recognize creative and innovative projects of high impact that emerge from UTSA.

Outstanding Early Career Psychologists Contributions Award
Association of Psychologists in Academic Health Centers
February 2019

Nominees for the Outstanding Early Career Psychologist Contributions to Psychology in Academic Health Centers should be exemplary post-doctoral fellows or psychologists less than 10 years post-degree whose work in medical school and academic health care settings has demonstrated excellence in enhancing the role of psychologists in education, research, and/or clinical care.

Wingspread Honoree Award (CFHA)
October 2018

In 1994, a group of early pioneers and advocates, led by Don Bloch, convened at the Frank Lloyd Wright designed home-turned-conference facility, Wingspread, to organize a national agenda for collaborative, family healthcare. These early leaders embodied innovative spirit, tenacity, entrepreneurship, and an understanding that we are each other's best teachers. Their passion and a fundamental commitment to the advancement of patient and family centered health care fueled the beginnings of the Collaborative Family Healthcare Association (CFHA).

Wingspread Honorees are individuals who both embody the characteristics of our early leaders and who have positively impacted the lives of their students, mentees, or colleagues through their work.

Mental Health in Corrections Conference
Second Place Poster Presentation Award for Outstanding Scholarship
April 2014

Research and Dissemination Center Assistantship
Forest Institute
2011-2012

Outstanding Graduate Student in Psychology
Ozarks Area Psychological Association
May 2011

Student Delegate
National Council of Schools and Programs of Professional Psychology
2011 Mid-Winter Conference, San Juan, Puerto Rico
January 2011

Consultation and Education Fellowship <i>Forest Institute</i>	2010-2011
Gerontological Society of America <i>Emerging Scholar and Professional Organization Poster Award</i>	November 2009
Writing Center Fellowship, <i>Forest Institute</i>	2009-2010
Dean's List, <i>Forest Institute</i>	2008-2012
New Student Honors Scholarship, <i>Forest Institute</i>	2008-2009
Multicultural Academic Achievement Award <i>University of Central Oklahoma</i>	2007-2008
College of Education and Professional Studies Merit Award, <i>University of Central Oklahoma</i>	Spring 2008
College of Education and Professional Studies Outstanding Graduate Student Nominee <i>University of Central Oklahoma</i>	Spring 2008
Who's Who Among Students in American Universities and Colleges <i>University of Central Oklahoma</i>	Spring 2008
Dept. of Kinesiology and Health Studies Tuition Waiver <i>University of Central Oklahoma</i>	Fall 2007
Dept. of Academic Affairs Tuition Waiver <i>University of Central Oklahoma</i>	Fall 2007
President's Honor Roll <i>University of Central Oklahoma</i>	Spring 2007
Jackson College of Graduate Studies Tuition Waiver <i>University of Central Oklahoma</i>	Spring 2007
Dean's Honor Roll <i>University of Central Oklahoma</i>	Fall 2006